



General

- ❖ Fluency Friday Plus is a unique program of intensive treatment for children/teens who stutter with a training component for graduate clinicians.
- ❖ FFP began in 2001; the 2008 event served 65 children/teens who stutter.
- ❖ FFP receives financial support from the Ohio Speech Language & Hearing Association, the Southwestern Speech Language & Hearing Association, and private donations.



Graduate Training Program

- ❖ Graduate Clinicians from Miami University and the University of Cincinnati treat the children/teens who stutter and obtain diagnostic and treatment practicum hours for their certification as practicing professionals.
- ❖ Each Graduate Clinician receives a manual containing a diagnostic protocol, suggested activities and parent/teacher handouts. Treatment materials designed by the FFP planning team are also included in the manual.
- ❖ At FFP-2007, graduate clinicians completed a pre- and post-FFP rating scale evaluating their confidence in treating children who stuttering. Initial results indicate that FFP is a valuable learning tool for graduate clinicians.

Children's Intensive Program

- ❖ At FFP, all children/teens are evaluated for frequency and type of stuttering events. In addition, attitudinal measures are used to target feelings concerning communication. Various situations are reviewed with the students and ranked for difficulty.
- ❖ Based on these measures, goals are developed for the FFP program.
- ❖ Children/teens participate in age appropriate group sessions to discuss attitudes and feelings concerning communication.
- ❖ On the first day, students plan and perform a skit concerning some aspect of communication or stuttering and have the opportunity to speak on the microphone during lunch.
- ❖ The Teens also speak to the parents and answer questions about their "stuttering" journey. The Teens in FFP 2008 also held a special session with the Elementary aged children.
- ❖ On Saturday morning, the teens/children attend a Conversation Breakfast with eleven speaking stations. The students earn raffle tickets for speaking in a number of situations.

Parent Program

- ❖ An educational program is held for parents of the students attending FFP. Various speakers discuss stuttering with topics such as "how to talk about stuttering" and "the latest in treatment approaches". Parents are free to ask questions on any topic.



- ❖ Board Recognized Specialists in Fluency Disorders speak on a number of topics including obtaining services, how to handle difficult situations and problems facing children/teens who stutter. Adults who stutter attend the Parent program on Saturday to share their stories and answer questions.

Community SLP's

- ❖ Experienced Speech Language Pathologists from the community attend FFP to supervise the treatment sessions and organize group activities.
- ❖ These professionals coordinate various activities during the program and contribute to the development of activities/handouts.
- ❖ Over the last five years, diagnostic information, presentations and treatment activities have been posted on a web page. The web site can be accessed at www.fluencyfriday.org.

