

Fluency Friday Plus



www.fluencyfriday.org

An Intensive Treatment Program for Children/Teens Who Stutter

"Some 20 percent of all children go through a stage of development during which they encounter disfluencies severe enough to be a concern to their parents. Approximately 5 percent of all children go through a period of stuttering that lasts six months or more. Three-quarters of those will recover by late childhood, leaving about 1% with a long-term problem. The best prevention tool is early intervention."

(Stuttering Foundation of America Web Page)

What can a parent/teacher/friend do when communicating with Child/Teen who Stutters?

- *Be a good listener*
- *Give the teen/child plenty of time to express an idea*
- *Avoid giving "advice" such as "slow down"*
- *Maintain relaxed eye contact*
- *Allow the child/teen to work through a message without trying to "help" by finishing the sentence.*

How does a program like Fluency Friday Plus help?

- *FFP provides ongoing support and information for parents, teachers and speech pathologists in the Cincinnati area*
- *FFP team members teach at the University of Cincinnati and Bowling Green State University & present information on stuttering at workshops*
- *FFP team members have developed an evidenced based protocol for diagnosing and treating children/teens who stutter*
- *FFP continues to expand & reach more children/teens each year!*

SWOSHA (Southwestern Ohio Speech Language Hearing Association) & OSLHA (Ohio Speech Language Hearing Association) are nonprofit organizations committed to educating the public concerning communication problems and providing the highest quality of care for any individual needing treatment. The FFP team thanks our professional organizations for ongoing support of the FFP program.

