Easy Speech Activities

DESCRIPTION/ PURPOSE:

Fluency shaping consists of training a new pattern of speech production through progressive steps, typically through a modeling approach. Many refer to these changes in speech rate as “easy, relaxed speech.” It is recommended that the child begin practice at the most simplistic level of production, oftentimes using single words or short phrases and gradually, progressing in a hierarchy of complexity up to a more conversational speaking level. By initiating production with short utterances the child should immediately feel the success of fluency. Ultimately the child progresses to the next stage after s/he has met the desired level of mastery.

INSTRUCTIONS FOR USE:

The following activities are suggestions provided in a hierarchical format from simple to more complex. Use these to guide the child through the more difficult stages of production always remembering to keep your activities pragmatically appropriate for your specific child.

SHORT TERM OBJECTIVE:

The child will produce easy, relaxed speech at the (one word, two word, phrase, sentence, conversation) level with ___ % accuracy, following an immediate model/delayed model/no model etc.

Easy Speech Activities

ONE WORD:

Ball Roll: Have the child roll the ball over picture cards and name them using slow, easy speech.

Basketball: Child names pictures using slow, easy, speech while tossing the basketball through the hoop.

Build a Road: Child builds a road with picture cards and names them using slow, easy speech then drives a car over the road.

©2006 Cincinnati Children’s Hospital Medical Center
Bag Pull: Child pulls cards from a bag and names them using easy, relaxed speech.

Candy Land: Child names colors while playing Candy Land using easy, relaxed speech.

Others:
- Memory or match games
- Go fish
- Bingo
- Naming opposites
- Sentence completion

TWO WORDS:

Animal Memory: Child names mother and baby animals with easy, relaxed speech while playing animal memory (i.e. baby seal, mommy monkey).

Safari Gears: Child picks but pieces to build with and names them using easy, relaxed speech (i.e. blue gear, red hippo, yellow block, etc.)

Turtle Picnic: Child uses easy, relaxed speech while naming colors, vegetables and fruit (i.e. orange carrot, purple grapes, yellow banana, etc.)

Barnyard Bingo: Child uses easy, relaxed speech while naming colors and animals (i.e. red cow, yellow sheep, etc.)

Where's Spot book: Child uses easy, relaxed speech while answering questions in Where's Spot book (i.e. child responds with "no, bear" or "no, snake", etc.)

Hi Ho Cherry-O: Child uses easy, relaxed speech while telling what they spun (i.e. thee cherries, two cherries, empty basket, dog bite, etc.)

PHRASES

Bingo: Let the child choose the bingo pictures and use their easy, relaxed speech as they name them (i.e. I picked dog, I picked umbrella, etc.)

Animal Olympics: Have child use their easy, relaxed speech to tell what color they spun (i.e. I got red, I got blue, etc.)

Trouble: Have the child use their easy, relaxed speech to tell what number they popped (i.e. I popped 6, I popped 4, etc.)
**AB Seas Game:** Have the child use slow, easy speech to tell what kind of fish they caught or what letter they caught (I caught a mermaid, I caught A, etc.)

**Flashlight game:** Put pictures on the wall and turn off the lights. Have the child use slow, easy speech and tell what they find (I see zebra, I see car, etc.)

**Others:**

**Carrier phrases (I have a …..)**

**Prepositional Phrases**

**SENTENCES**

**Guess Who:** Have child practice slow, easy speech while asking questions.

**Go Fish:** Have child use easy, relaxed speech while asking questions.

**Carmen San Diego:** Child uses easy, relaxed speech to tell something about the state they landed on (i.e. Ohio is the Buckeye state, etc—the cards help them with this task)

**Barrier Games:** Have the child use easy, relaxed speech to tell you where to put and item (i.e. Put the dog by the tree, etc)

**What’s Different Books:** Have the child describe what is different in each picture using slow, easy speech (Little Bo Peep Lost her hook, etc.)

**Others:**

**Fill-ins- Books without words**

**Picture cards/ tell sentence about the picture.**

**CONVERSATION**

**Conversation Starters:** Child uses slow, easy speech while answering conversation questions (see attached)

**Hand Stories:** Draw hand and use outline to tell story, relate events, etc. using easy, relaxed speech.

©2006 Cincinnati Children’s Hospital Medical Center
**Telephone Chat:** Child uses easy, relaxed speech while telling you about something on the telephone.

**Scavenger Hunts:** Child uses easy, relaxed speech while on a scavenger hunt around the building. Child must introduce him/herself to a different person for each item.

**Puppet Play:** Child uses easy, relaxed speech while putting on a puppet show.

**Others:**

- Role-playing
- Telling jokes
- Idioms/proverbs/analogies